

2 Mars 2022
TIRANA – ALBANIA



International Nursing Conference Albania INCA



Conference Programme

“The role of nurses in the primary health care service in the face of new Health challenges “

March 2, 2022

Time	Activity
7.30-8.30	Conference Registration
8.30-10.00	Opening Ceremony
10.00-10.15	Refreshment/Tea-Coffee Break
10.15-10.30	Keynote Speaker 1 Flaka Siqeca, INSPIRE project, University of Basel, Switzerland Implementation of an integrated care model for home-dwelling older adults (INSPIRE)
10.30-10.45	Keynote Speaker 2 Alida Ramaj, Berner Bildungszentrum Pflege, Bern, Switzerland HAS THE TIME OF NURSING DIRECTORATES IN ALBANIA COME? <i>Several years of experience in Germany and Switzerland compared to Albania</i>
10.45-11.00	Keynote Speaker 3 Mieke Deschodt, The Katholieke Universiteit Leuven, Belgium Effective primary healthcare teams: what can we learn from the evidence and international best-practices?
11.15-11.30	Keynote Speaker 4 Gennaro Rocco, Centre of Excellence for Nursing Scholarship of OPI Rome Italy

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	Il processo di cambiamento strategico nel promuovere la ricerca nei servizi territoriali	
11.30-11.45	Keynote Speaker 5 Ippolito Notarnicola , Center of Excellence for Culture and Nursing Research of the Order of Nursing Professions in Rome (OPI Rome) Il ruolo e le competenze infermieristiche. Nuove sfide per i sistemi sanitari più che mai	
11.45-12.00	Keynote Speaker 6 Alessandro Stievano , Centre of Excellence for Nursing Scholarship of OPI Rome – Italy Infermiere di famiglia e di comunità: proposte per un nuovo welfare. Una ricerca del CECRI	
12.15 -12.30	Keynote Speaker 7 Janette Ribaut, MScN, Research Assistant, PhD Student, University of Basel, Switzerland, SMILe team Reshaping nursing roles by implementing and testing an ehealth facilitated, integrated care model considering the pandemic-induced condition – the SMILe project	
12.30-12.45	Discussion- Questions & Answers	
12.45-13.30	Break and Lunch, Poster Session	

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13.30-17.30	Paralel Session	Conference Programme			
Session 1:	Room 1: Nursing remodeling in primary health care services	Moderators: Sajmira Adëraj & Babeta Rexhepi			
		Time	Title of the paper	Speaker	
		13.30-13.50	PO1 ROLES AND FUNCTIONS OF PRIMARY HEALTH CARE NURSES IN RESPONSE TO NATIONAL HEALTH AGENDA	Sajmira Adëraj sajmira.aderaj@hap.org.al	
		13.50-14.10	PO2 ORIENTATION PROGRAM FOR NEWLY EMPLOYED FAMILY NURSES IN PRIMARY HEALTH CARE: THE EXPERIENCE OF PATOS HEALTH CENTER	Eriselda Marko eriseldamarko@gmail.com	
		14.10-14.30	PO3 THE ROLE AND IMPORTANCE OF NURSES IN PRIMARY HEALTH CARE	Muhamet Kadrija muhametkadrija.inf@hotmail.com	

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	14.30-14.50	PO4 PERSPECTIVES ON THE REASONS FOR THE EMIGRATION OF NURSES IN ALBANIA	Luljeta Habilaj luljeta.habilaj@univlora.edu.al	
	14.50-15.10	PO5 THE ROLE OF THE FAMILY NURSE IN PROVIDING HOME HEALTH CARE - DESCRIPTION OF A PILOT PROJECT IN FIER AND DIBER	Sajmira Adëraj, Joelle Troxler sajmira.aderaj@hap.org.al	
	15.10-15.30	PO6 THE NEED TO STRENGTHEN PRIMARY HEALTH CARE IN ALBANIA IN CONTEXT OF THE COVID-19 PANDEMIC	Rezarta Stena stenezarta@hotmail.com	
	15.30-15.50	PO7 THE ROLE AND CHALLENGES OF NURSES WORKING IN THE PRIMARY CARE, DURING THE VACCINATION CAMPAIGN AGAINST COVID-19, IN THE DISTRICT OF ELBASAN	Elona Hasalla elona_hasalla@yahoo.com	

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	15.50-16.10	PO8 COMPETENCES OF THE FAMILY NURSE IN PRIMARY SERVICE	Albana Poloska albana.poloska@yahoo.com	
	16.10-16.30	PO9 UPDATING NURSING COMPETENCIES IN PRIMARY HEALTHCARE IN ALBANIA; TRANSFORMING ROLES THROUGH TAILORED EDUCATION	Jonila Gabrani jonila.gabrani@swisstph.ch	
	16.30-16.50	PO10 JOB SATISFACTION AND MOTIVATION LEVELS AMONG NURSES WORKING IN PRIMARY HEALTH CARE CENTERS IN TIRANA AND PATOS	Anxhela Luzi luziangela.al@gmail.com	
	16.50-17.10	PO11 THE IMPACT OF THE “COLLEAGUE GROUP”, AS A FORM OF EDUCATION FOR PRIMARY HEALTH CARE PROFESSIONALS	Babeta Rexhepi babeta.rexhepi@yahoo.com	
	17.10-17.30	Discussion- Questions & Answers		

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Session 2:	Room 2: The COVID-19 Pandemic and the Challenges of Primary Health Care	Moderators: Enkeleda Gjini & Elona Gaxhja		
		Time	Title of the paper	Speaker
		13.30-13.50	PO1 VACCINATION AND DILEMMAS IN HEALTH PROFESSIONALS DURING THE COVID 19- PANDEMIC	Anila Cake anilacake@yahoo.com
		13.50-14.10	PO2 CHILDHOOD VACCINATIONS: ATTITUDES, BEHAVIORS, BELIEVES, HESITANCY, CONFIDENCE AND PERCEPTIONS PARENTS AND PRIMARY HEALTH CARE PROVIDERS	Enkeleda Gjini e.gjini@unizkm.al
		14.10-14.30	PO3 PSYCHOMETRIC VALIDATION OF THE NURSING PROFESSIONAL COMPETENCE SCALE AMONG ITALIAN NURSES AND NURSING STUDENTS	Prendi Emanuela e.prendi@unizkm.al
		14.30-14.50	PO4 EXPERIENCE OF STRESS IN HEALTH WORKERS DURING THE COVID-19 PANDEMIC	Shqipe Luta shqipeluta@yahoo.com

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	14.50-15.10	PO5 PSYCHOLOGICAL CHALLENGES OF NURSES AND OTHER PRIMARY CARE PROFESSIONALS DURING THE COVID-19 PANDEMIC	Klara Hysenaj hysenajklara@gmail.com	
	15.10-15.30	PO6 THE ROLE OF THE NURSE AND ASSISTANCE DURING THE PANDEMIC	Saemira Durmishi saemira2@gmail.com	
	15.50-16.10	PO7 THE ROLE AND THE CHALLENGES OF NURSES IN THE FIRST LINE AGAINST THE 'BATTLE BY COVID-19; A THEORETICAL-SCIENTIFIC DISCUSSION	Elona Gaxhja elona.gaxhja@uniel.edu.al	
	15.50-16.10	PO8 DIFFICULTIES AND CHALLENGES OF NURSING DURING THE FIRST WAVE OF THE COVID-19 PANDEMIC	Vjolanda Islamaj vjolandaislamaj@gmail.com	
	16.10-16.30	PO9 N MPACT OF COVID-19 ON HEALTHCARE AND DISEASE MANAGEMENT IN CHRONIC PATIENTS WITH HYPERTENSION	Erda Tozaj erdatozaj@gmail.com	
	16.30-16.50	PO10 HOW AND HOW MUCH DOES STRESS AFFECT PERSONS WITH COVID-19?	Blenora Kapaj blenora.kapaj@gmail.com	

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Session 3:		16.50-17.10	PO11 ASSESSMENT OF THE NEEDS OF TUMOR PATIENTS IN THE CITY OF VLORA AT ADVANCED PHASE OF THE DISEASE	Juljana Xhindoli juli.xhindoli@hotmail.com		
		17.10-17.30	Discussion- Questions & Answers			
	Room 3: The social aspect of nursing in the context of chronic disease and pandemic care	Moderators:: Enkeleda Sinaj & Veronika Duci				
		Time	Title of the paper	Speaker		
		13.30-13.50	PO1 IMPACT OF COVID-19 ON PEOPLE WITH CHRONIC DISEASE	Brunilda Elezi BrunildaXibraku@hotmail.com		
		13.50-14.10	PO2 SOCIAL-HEALTH CARE OF THE NURSE IN THE COVID-19 PANDEMIC	Klajdi Belishta klajdibelishta@gmail.com		
		14.10-14.30	PO3 NURSING CARE OF PATIENTS, AFTER THEIR LEAVE FROM THE HOSPITAL: STRENGTHS AND PROBLEMS CONCERNING THE CONTINUITY OF NURSING CARE	Elona Prifti Zhiva elonazhiva@yahoo.com		
	14.30-14.50	PO4 THE ROLE OF PRIMARY HEALTH CARE NURSES IN EDUCATING PATIENTS WITH HYPERTENSION	Ilda Taka ildataka@yahoo.it			

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	14.50-15.10	PO5 THE IMPACT OF COVID-19 ON THE CARE OF CHRONIC DISEASES: A STUDY OF VIEWS FROM HEALTHCARE PROFESSIONALS	Glodiana Sinanaj glodisinanaj78@hotmail.com	
	15.10-15.30	PO6 SUB-SPECIALTIES OF CARE IN PANDEMIC TIME	Skënder Dule skenderdule70@gmail.com	
	15.50-16.10	PO7 HOME BASED CARE NEED ASSESSMENT STUDY IN DIBER AND FIER REGIONS FIERIT	Cristina Vladu, Veronika Duci cvladu2002@yahoo.com veronika.duci@unitir.edu.al	
	15.50-16.10	PO8 POST COVID-19 PATIENT REHABILITATION	Enkeleda Sinaj sinaj@hotmail.it	
	16.10-16.30	PO9 COLLEAGUE GROUP - EFFECTIVE TOOL FOR INCREASING THE ROLE OF FAMILY NURSE IN THE MANAGEMENT OF CHRONIC DISEASES IN PRIMARY HEALTH CARE	Eljona Troka eljona.troka@yahoo.com	
	16.30-16.50	PO10 THE ROLE OF NURSE IN SROKE PREVENTION THROUGH HEALTH PROMOTION AND EDUCATION	Erald Çoçka eraldcocka@gmail.com	

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<div>Session 4:</div>		16.50-17.10	PO11 NURSING ROLE IN COVID-19 INFECTED PATIENTS WITH HIDDEN DIABETES	Albana Sula albanasula_al@yahoo.com		
		17.10-17.30	Discussion- Questions & Answers			
	Room 4: Challenges of continuing education, professional training and evidence-based nursing practice	Moderators: Fatjona Kamberi & Elona Dhëmbo				
		Time	Title of the paper		Referuesi	
		13.30-13.50	PO1 GENDER PERSPECTIVE IN UNIVERSITY CURRICULA: THE CASE OF NEEDS ASSESSMENT FOR GENDER INTEGRATION IN THE STUDY PROGRAMME “PROFESSIONAL MASTER IN FAMILY NURSING		Elona Dhëmbo edhembo@yahoo.co.uk	
		13.50-14.10	PO2 CHALLENGES IN CONDUCTING NURSING RESEARCH DURING PANDEMIC- THE CASE OF THE RESEARCH CENTER OF PUBLIC HEALTH		Fatjona Kamberi fatjona.kamberi@univlora.edu.al	
	14.10-14.30	PO3 THE IMPACT OF VISUAL LOAD ON EYE HEALTH OF UAL STUDENTS DURING THE EXAM SESSION		Mirva Hoxha mirva.hoxha@ual.edu.al		

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	14.30-14.50	PO4 BURNOUT SYNDROME AMONG HEALTHCARE PROFESSIONALS IN PEDIATRIC UNIT OF REGIONAL HOSPITAL OF VLORA	Rezarta Lalo rezarta_lalo@yahoo.com	
	14.50-15.10	PO5 THE ROLE OF RADIOLOGY DURING THE COVID-19 PANDEMIC	Elona Dybeli dybeli.elona@yahoo.com	
	15.10-15.30	PO6 ASSESSMENT OF KNOWLEDGE OF NURSING STAFF IN CARE FOR PRESSURE ULCER	Emirjona Kicaj ekicaj@yahoo.it	
	15.30-15.50	PO7 EFFICIENCY OF TREATING GENERALIZED ANXIETY DISORDER THROUGH RATIONAL-EMOTIONAL BEHAVIOR THERAPY	Jonida Mustafaraj mustafaraj_jonida@yahoo.com	
	15.50-16.10	PO8 EATING HABITS DURING THE QUARANTINE BY COVID-19 PANDEMIC	Brunilda Subashi brunilda.subashi@univlora.edu.al	
	16.10-16.30	PO9 THE IMPORTANCE OF INCLUDING PHARMACOVIGILANCE MODULES IN NURSING EDUCATION	Mitilda Gugu mitilda.gugu@uniel.edu.al	
	16.30-16.50	PO10 PERCEPTIONS OF NURSING STUDENTS TOWARDS THEIR PROFESSION	Rudina Çercizaj rudina_2005@hotmail.com	

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		16.50-17.10	PO11 VACCINATION. THE IMPORTANCE OF VACCINATION IN THE PREVENTION OF INFECTIOUS DISEASES	Liljana Gjoni liljanagjoni10@gmail.com	
		17.10-17.30	Discussion- Questions & Answers		
17.30-18.00	Evaluation of the activity by the participants Certificate Distribution Conference Closing				

E-POSTER SESSION

No.	Title of the paper	
eP1	THROAT CULTURE ANALYSIS AND INCIDENCE OF UPPER RESPIRATORY INFECTIONS IN VLORA DISTRICT	¹ Stiliana Brokaj ¹ Department of Health care, Faculty of Health, University “Ismail Qemali” Vlorë stela.brokaj@yahoo.com

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eP2	DOES REHABILITATION HAS EFFECTS ON PATIENTS WITH (MS)? -A COMPARATIVE STUDY	¹ Evis Allushi, ¹ Vasilika Prifti, ¹ Sonila Nika ¹ Department of Nursing, Faculty of Health, University“Ismael Qemali” Vlorë evis.allushi@univlora.edu.al
eP3	BURN-OUT IN PRIMARY HEALTH CARE WORKERS DURING THE COVID-19 PANDEMIC	Jerina Jaho¹, Petraq Mustaqe² ¹ General Physician, Scientific Research Center of Public Health, University of Vlore "Ismael Qemali" ² Angio-vascular surgeon, Scientific Research Center of Public Health, University of Vlore "Ismael Qemali"E Mail/ jerina.celaj@univlora.edu.al
eP4	COMPERATIVE STUDY OF LEVEL OF PANIC DISORDER IN NURSING STUDENTS FEMALE IN SECOND YEAR BETWEEN ACADEMIC YEAR 2017 -2018 AND 2019 – 2020	Flora Zyberaj¹, V. Bezhani, E. Smakaj, R.Gjonej, A . Poloska, F. Elezi, F. Bresa ¹ University of Medicine Tirana / Faculty of Technical Medical Sciences florazyberaj@ymail.com

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eP5	HOW DOES COVID-19 AFFECT THE RELATIONSHIP OF BLOOD GROUP AND GENDER	Xhesika Miska, Elsa Fishti, Enxhi Kokici, Fligera Latifi, Geisi Belishta, Xhuliana Shahini, Xhuljana Kertuka, Xhuljeta Kertuka, Xhentila Lleshi ¹ University of Medicine Tirana, Faculty of Technical Medical Sciences, Albania
eP6	NUTRITIONAL ASSESSMENT OF STUDENTS IN FSHMT	Geisi Belishta, Mirva Hoxha, Lindita Grimci Aldent University, Tirana, Albania geisi.belishta@ual.edu.al
eP7	EVALUATION OF NURSING KNOWLEDGE ON ENVIRONMENTAL POLLUTION ON THE OCCURRENCE OF NON-COMMUNICABLE DISEASES	Paula Malaj ¹ , Evis Alushi ² ¹ Msc Student, Faculty of Health, University of Vlore “Ismail Qemali”, ² Department of Nursing, Faculty of Health, University of Vlore “Ismail Qemali” paola.malaj18@gmail.com

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eP8	LABORATORY FINDINGS IN THE DIAGNOSIS AND PROGNOSIS OF PATIENTS WITH COVID-19	Venemin Gega ¹ University of Elbasan “Aleksandër Xhuvani” , Faculty of Technical Medical Sciences mini.gega@live.com
eP9	EPIDEMIOLOGY OF COVID-19 IN ALBANIA DURING THE FIRST YEAR OF THE PANDEMIC	Blerta Budani, Erblin Shehu ¹ Univesiteti i Elbasanit “Aleksandër Xhuvani”, Fakulteti i Shkencave Mjekësore Teknike, Drejtoria Qëndrore e Operatorit Ministria e Shëndetësisë dhe Mbrojtjes Sociale blerta.budani@uniel.edu.al
eP10	ASSESSING THE KNOWLEDGE OF HEALTH CARE WORKERS ON RISK FACTORS AND PREVENTION OF NOSOCOMIAL INFECTIONS: LITERATURE REVIEW	Jonida Çeloaliaj¹, Velide Pulomemoj¹ ¹ Faculty of Nursing, "AAB College", Kosovo jonida.celoaliaj@universitetiaab.com
eP11	IMPORTANCE OF CT-SCAN IN THE DIAGNOSIS AND PROGNOSIS OF COVID-19, CO-RADS STAGING	¹Haris Mema, Klara Hysenaj, Mitilda Gugu , Venemin Gega ,Brunilda Xibraku ¹ University of Elbasan “Aleksandër Xhuvani” , Faculty of Technical Medical Sciences

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		memaharis@yahoo.com
eP12	PERCEPTION OF HEALTH STATUS BY ELDERLY PATIENTS	Elena Drenesku¹, Emisa Velo¹ ¹ Department of Nursing, Faculty of Natural and Human Sciences, Fan S. Noli University, Korça, Albania E Mail/ elenadrenesku@yahoo.com
eP13	PSYCHOLOGICAL ASPECTS IN TERMINAL DISEASES	Paola Saro¹ ¹ Fan S. Noli University, Korça, Albania E Mail/ p_saro@live.com
eP14	SELF-MANAGEMENT A COST-EFFECTIVE STRATEGY TO IMPROVE QUALITY OF LIFE AND HEALTH RESULTS IN PATIENTS WITH CHRONIC DISEASES -IMPLICATIONS FOR NURSING STAFF	Vjollca Ndreu¹, Miranda Çela¹, Anila Sula² ¹ University of Medicine Tirana, Faculty of Technical Medical Sciences, Albania ² Health Centre No 3 Tirana E Mail/ vndreu@hotmail.com